

2 WEEKS READY



BUILD KITS

Plan to be on your own for at least 2 weeks



Water (1 gallon per person, per day)



Food (non-perishable)



Comfort/entertainment



Medical equipment



Glasses/eye care



First aid kit



Can opener



NOAA alert radio



Flashlight



Personal hygiene items



Tools



Pet supplies



Cash



Toilet paper



Medications



Identification & important documents



Sturdy shoes



Extra batteries



Warm clothes



Fire extinguisher



! Keep at least 2 weeks of supplies in your home. Have smaller kits for work, for every family member, and pets. Have a vehicle safety kit too.

BE PREPARED

MAKE A PLAN

Determine an accessible meeting place in case you have to leave your home or work, so you can reunite your family.



LEARN ABOUT DISASTER PLANS FOR

Your work

Your children's school

Your medical and/or transportation provider

Other places where your family spends time



Check with your local emergency management office to:

- find out what hazards could affect your home and place of work;
- sign up for emergency alerts and notifications;
- identify your local emergency alert system (EAS) radio stations; and
- know your evacuation and alternate transportation routes.

DEVELOP A COMMUNICATIONS PLAN



Write down emergency contact information.



Texts are more likely to connect than phone calls.



Have an extra cell phone charger and batteries.



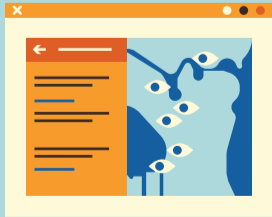
An out-of-area contact can serve as a relay point for family communication.

HELP EACH OTHER

Know how you'll help people, pets and livestock who normally rely on you.



Talk with your neighbors about how you can work together to help your community make it safely through an emergency situation.



Help organizations in your neighborhood that may need support during a disaster.



Attend free disaster skills workshops offered by your local emergency management office and learn basic survival skills.



American Red Cross
of Wyoming



ACTIONS TO TAKE DURING A QUAKE

DURING THE SHAKING



DROP



COVER



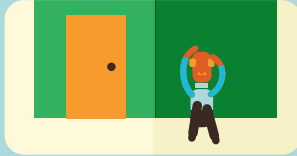
AND HOLD ON

If there is no table around, get lower than the other furniture.

THINK



BENEATH



BESIDE



BETWEEN

AFTER THE SHAKING

CHECK YOUR BUILDING:



For structural damage



Shut off the water at the main valve



Shut off gas only if you:



→ Smell natural gas



→ Hear hissing



→ See the dial spinning rapidly



Check for injuries and apply basic first aid



Leave building if unsafe



Help your neighbors



FOR MORE INFORMATION



Local television



Your local Emergency Management office



Emergency radio stations
NOAA weather radio channels



<http://hls.wyo.gov> or 307-777-4900



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